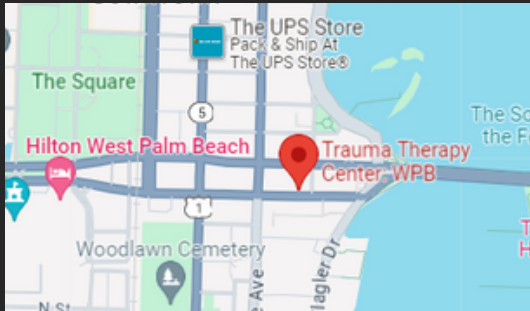




TRAUMA THERAPY CENTER  
— WEST PALM BEACH —

# TRAUMA THERAPY CENTER

WEST PALM BEACH



## CONTACT US

### Trauma Therapy Center: WPB



222 Lakeview Ave, #800C  
West Palm Beach, FL 33401



+1(561) 363-7994



<https://www.traumatherapywpb.com/>



[info@traumatherapywpb.com](mailto:info@traumatherapywpb.com)

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## ABOUT US

The Trauma Therapy Center in West Palm Beach is a team of experienced and compassionate trauma therapists who specialize in healing trauma, depression, PTSD, anxiety, and ADHD. We understand that trauma can have a profound impact on your life, and we are here to help you overcome its challenges.

We offer a variety of evidence-based trauma therapies, including cognitive behavioral therapy (CBT), dialectical behavior therapy (DBT), and EMDR.

Liz Chelak, your WPB therapist, can teach you to develop the skills and coping mechanisms you need to manage your trauma symptoms and live a fulfilling life.

If you are struggling with trauma, we encourage you to reach out to your local therapist for in-person or online counseling today.

Map/directions;

<https://maps.app.goo.gl/Yejg31EBqeP3d6zj9>

Service Areas: West Palm Beach | Boca Raton | Delray Beach | Boynton Beach | Lake Worth | Wellington | Greenacres | Royal Palm Beach | Palm Beach Gardens